



JULY 7—AUGUST 2, 2008

THE MOUNTAIN SEMINAR

AN IN-DEPTH EXPERIENCE OF RENEWAL, VISION AND PURPOSE
MENTORED BY NELS JENSEN

*Tongues in trees, books in the running brooks,
Sermons in stones, and good in everything.
~Shakespeare*

There's life, and then there's the Good Life. When did you last sleep under the stars, swim in a lake, or enjoy lunch on a mountain side? Nature has so much to teach us. Are we listening? Busyness and stress are rampant in our modern world. Step out of the rat race and into nature. Would you like to be more effective in your relationships and occupation? Come and experience renewal of purpose and strengthening of discipline. Learn Key Actions that will deeply change you. Learn how to meditate. Enhance your courage, will, strength and faith. Experience beauty and have plenty of plain old fun.

Part I, Didactic: July 7–19. Cedar City, UT: Read and discuss world-class renewal texts, connect with nature and participate in hiking, rappelling, canyoneering, astronomy, ropes course and more. Also, learn wilderness survival and backcountry skills.

Part II, Expedition: July 21–Aug 2. Wind Rivers Wilderness, Wyoming*: Backpack the world famous Wind River range. Catch trout, swim in pristine lakes, sit around the campfire and summit Freemont Peak (13,745 ft). Practice wilderness survival and backcountry skills. Renew and revitalize as you focus on a life of purpose.

* Backpacking location subject to change

Enrollment Options:

Full Seminar: July 7-August 2. Earn up to 12 credits* from George Wythe College. Tuition is \$1595** and covers books, mentoring, activities academic credit, transportation, all meals while backpacking, and hotel and farewell dinner the night after we come off the trail. Equipment required, details will be sent up on enrollment. Meals and lodging not covered during Part 1.

Part I Only: July 7-19. Earn up to 6 Credits from George Wythe College. Tuition is \$795** and covers book, mentoring, activities and academic credit. Meals and lodging are students' responsibility.

Need Housing Ideas? Email njensen@gwc.edu

Registration: To register choose one of the following options:

1. Call our Seminar Registration Office at (435) 586-6570
2. Fill out the form on back and fax to (435) 586-3697 or mail to:
George Wythe College
Office of Seminar Registration
970 South Sage Drive
Cedar City, UT 84720

Texts:

Arbinger, *Paths of the Anasazi Way*
Fisher, *Gandhi*
Krakauer, *Into the Wild*
Lansing, *Endurance*
Lao Tsu, *Tao Te Ching*
The New Testament

All registrations must be postmarked by July 1, 2008.

Once you register we'll email you a recommended fitness plan, an equipment list, and the course syllabus detailing all of the exciting activities we'll be doing!

- I am not an accepted student of George Wythe College and I understand that I will not receive credit for this course.
- I am an accepted student of George Wythe College and anticipate earning credit at this seminar (select this option if you are currently in or have completed the application process).

Name _____

Address _____

Telephone _____ Email _____

- Check or Money Order** (made payable to GWC)
- Credit Card**— Circle one: MasterCard Visa AMEX Discover

Total amount included \$ _____

Name on Card _____ Credit Card # _____ Exp. Date _____

Billing Address (if different than above) _____

* Credits awarded to enrolled GWC students only.

**Fees are non-refundable and non-transferable.

Additional Information:

- Participants of the Mountain Seminar are required to create and follow a physical fitness plan in preparation for the expedition.
- This seminar is best suited to participants 16 and older.
- No particular level of prior experience with outdoor activities is required..
- Although our staff are very safety conscious, participants are primarily responsible for their own health and safety during the entire seminar.